

# 道網

校園報

可道中學(嗇色園主辦)  
校園報  
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## 編者的話

今學年第一期的可道校園報《道網》又跟大家見面了。今期的內容主要報道閱讀周的活動花絮及介紹洪福邨嘉年華的熱鬧情況，讓未能出席的家長及同學們，了解當天的活動實況。另外，亦會重溫自主學習公開課、紅葉古道齊競賽2017、多元智能躍進計劃、社際足球賽、棋藝比賽及家教會活動。今期更有鄭國威老師及邱萬泉老師得獎專訪，同時亦會展示上學年同學在不同比賽中所奪得的獎項。創作園地，展示了同學們中、英文寫作的創作能力，期望達致互相交流的效果。我們亦邀請了鞏暢老師作好書推介，同學們千萬不要錯過！

## 1718 閱讀周之「風雲人物」



「歷史人物·真人圖書館」台前幕後

圖書館與人文學科在10月16至20日，合辦了一連五天的閱讀周，本年度以「風雲人物」為主題。精彩活動包括「歷史人物·真人圖書館」，兩天大型書展及六個攤位遊戲及展示學習成果的「閱讀fun享展才華」的初中故事演繹比賽。

打頭陣是一連兩天的「歷史人物·真人圖書館」，共有六位老師粉墨登場，現身說法，細訴各位歷史人物的風雲事跡，包括武則天、秦始皇、康熙、岳飛及李白。同學需事先閱讀各個歷史人物的資料，才能參加問答遊戲或真人對話。同學對此活動表現興奮，爭相與「穿越時空」的歷史人物對話及合照，十分熱鬧。

接續是兩天的書展及攤位遊戲，當中歷史、中史、地理、中文、通識等人文學科及圖書館，精心設計了與閱讀主題有關的攤位遊戲。同場亦安排有興趣的同學拍攝歷史人物造型照，一嘗古裝打扮，讓同學從活動中認識更多影響世界的人物。

最後一天，圖書館與人文學科合辦「閱讀fun享展才華」的初中故事演繹比賽，各班同學需要各自借閱一位風雲人物的圖書，完成閱讀報告，並以有趣生動的方法演繹其故事或情節，使同學在愉快的環境下分享閱讀的樂趣。比賽當天同學表現在水準之上，更獲得在場師生一致好評。



「穿越時空」的歷史人物對話



請於一分鐘內把中國歷史人物與相關朝代配對，加油呀！



通識攤位鼓勵同學關心社會時事脈搏



書展



醫生：「霍金先生，根據結果顯示，你已患上肌肉萎縮症。」



「初中故事演繹比賽」圓滿結束，校長、老師和同學來一張大合照吧！

# 洪福邨嘉年華2017

## 藝術科技·細「數」趣味



各主禮嘉賓合照



各表演團體合照



本校合唱團演出



同學投入參與攤位活動

本校聯同喬色園主辦可瑞幼稚園、可銘學校於2017年11月25日（星期六）假洪福廣場舉行「洪福邨嘉年華2017——藝術科技·細「數」趣味」。

是次活動我們邀得三校校監、校董及家教會代表、元朗區會議員張木林先生、元朗屏山區居民協會主席張偉琛先生，以及聖雅各福群會楊遠娜姑娘等撥冗前來主持啟動禮，令活動生色不少。

嘉年華當天各位師生為洪福邨居民提供文娛活動，與眾同樂。除了多個以STEM為主題的攤位活動（包括：科學、數學、科技及藝術等）外，亦有才藝表演，三校學生使出渾身解數，展現各種才華：舞蹈、歌唱、雜耍、中樂表演等，為場內帶來了無數歡樂氣氛，坊眾人潮如湧，也讓三校學生發揮平日所學，積極回饋社區。活動得各單位及坊眾鼎力支持，才能順利舉行、圓滿落幕，參與者皆能盡興而歸。



本校舞蹈組演出

坊眾投入參與攤位活動



# 自主學習 同儕交流

一年一度的「香港中學校長會自主學習節」已於2017年的10月順利完成，期間老師們不但到訪各區中學參與觀課、講座和交流，本校更以中文、英文及歷史科作為公開課，讓友校的老師前來，一起走進課室了解同學的學習情況。而在課後的同儕議課中，大家一起分享教學心得、課堂和教材的設計等，不但促進了彼此的交流，建立了互聯的平台，更推動老師們在教學技巧上不斷提升及進步，讓學生學得更多，學得更好，成為自主學習的主人。



同學以小組模式學習



同學分享討論的成果



友校老師一同參與課堂



同學認真學習 老師用心指導

## 多元智能躍進計劃——入境事務學院「5日4夜挑戰營」

本校二十一位同學於十月下旬參與了由教育局及入境處舉辦的「多元智能躍進計劃」——入境事務學院五日四夜挑戰營。活動為中二及中三學生提供有系統的紀律及團隊訓練，以提升學生的自律、自信、團隊精神、抗逆能力和領袖才能，促進學生的全方位學習和發展。



學員：「看我們精神抖擻，多威風！」



學員：「加油！努力！我要攀上終點去！」



3A徐鎮鴻同學獲頒發「最佳學員」。



2B王晉杰同學獲頒發「最佳進步學員」。

### 紅葉古道齊競賽2017

「紅葉古道齊競賽」由元朗屏山區居民協會主辦，本校為協辦單位，期望透過親子體能競賽推廣本土行山徑、自然風景、鄉郊文化及提升環保意識，從而推廣適合全家參與的遠足運動，並提倡勤做運動的家庭文化。

活動已於2017年11月5日（星期日）圓滿落幕。是次競賽地點為元荃古道，途經自然教育徑，競賽之餘兼具教育意義。

活動報名反應熱烈，參加者人數眾多，本校家長及師生亦踴躍參與競賽。完成競賽後，參加者齊聚大棠有機生態園，欣賞學生表演之餘，更一同享用素菜盆菜宴。



表演節目豐富，透過歌唱、魔術、舞蹈、銀樂演奏等，盡展同學才華。



各主禮嘉賓於頒獎禮上一同合照。



參加者人數眾多，齊聚大棠有機生態園，準備出發。



參加者與大會工作人員在起步禮前大合照。

### 鄭國威老師及邱萬泉老師

### STEM教學設計得獎專訪

鄭Sir：  
讓學生天馬行空，不要限制他們的思想！

邱Sir：  
推動高中學生導師計劃，令他們學以致用，提升學生的解難能力！



可銘學校上課後展示製成品

本校資訊科技科老師鄭國威與設計與科技科老師邱萬泉合作推行STEM教學設計，屢獲殊榮，先後取得香港大學主辦國際傑出電子教學獎「STEM & Coding」項目優異獎及勝出由明報教育出版有限公司主辦OpenSchool STEM教案比賽。課程以中二級設計與科技科及電腦科的課程進行合作教學，第一階段，設計與科技科先教授機械人的歷史及原理以引發學生的興趣。第二階段，設計與科技科教授學生組裝MBot機械人的程序，當完成組裝後，電腦科會教授編寫控制MBot機械人的程式，讓學生將學到的知識應用在日常生活上。同時，令學生明白機械的原理及操作。本年度跨科目合作，學生得以應用所學的概念在設計與科技科製作3D圖形，並能打印出來為MBot機械人裝飾，使學生對學習MBot機械人興趣大增。本年更把制作機械人和寫程式的課程引入可銘及寶覺兩間小學，效果理想！

兩位老師展示得獎的STEM獎項

學生將預先設計的繪圖製作成實物模型

## 社際足球賽



體育學會於10月24日至11月1日舉行社際足球賽，參加人數踴躍，比賽激烈，場面熱鬧。最後初級組冠軍為黃社，高級組冠軍為紅社，而是次社際比賽的終極優勝者為黃社，恭喜勝出的社別。賽果如下：

	紅	黃	藍	綠
男子高級組	冠(4)	亞(3)	殿(1)	季(2)
男子初級組	季(2)	冠(4)	殿(1)	亞(3)
團體總分	6 (亞軍)	7 (冠軍)	2 (殿軍)	5 (季軍)
社分	6	8	2	4



初級組社際足球



高級組社際足球

## 社際棋藝比賽

棋藝學會於12月12日午膳期間在禮堂舉行社際棋藝比賽，各社代表出盡渾身解數，氣氛熱烈。最後是次社際比賽總成績由綠社勝出，恭喜勝出社別。賽果如下：

	綠	藍	紅	黃
中國象棋	亞(3)	季(2)	冠(4)	殿(1)
UNO	亞(3)	冠(4)	殿(1)	季(2)
飛行棋	冠(4)	季(2)	季(2)	亞(3)
團體總分	10(冠軍)	8(亞軍)	7(季軍)	6(殿軍)
社分	8	6	4	2



社際象棋比賽



社際飛行棋及UNO比賽



## 可道中學家長教師會

## 家校同心 育人成材



第十一屆家長教師會常務委員會就職及合照

2017年11月10日家長教師會舉辦了第十一屆家長教師會常務委員會選舉，順利選出了新委員及進行就職典禮。當晚，本會不但表揚過去積極投入服務的家長，更邀請了駐校教育心理學家范珮珩小姐舉行講座，為家長講解如何處理子女面對壓力情緒的技巧，內容豐富實用。

本年度家教會除了逢星期三舉行恆常的家長聚會外，更會不定期舉辦各種興趣班，以促進家長、老師間彼此的聯誼溝通，請大家密切留意家教會的動態。



教育心理學家范珮珩小姐舉行家長講座



## 嚮色園主辦可道中學 家長教師會常務委員就職典禮



向去屆家長教師會常務委員致謝



各位家長留心聆聽講座內容

## Goosebumps

Kung Cheong

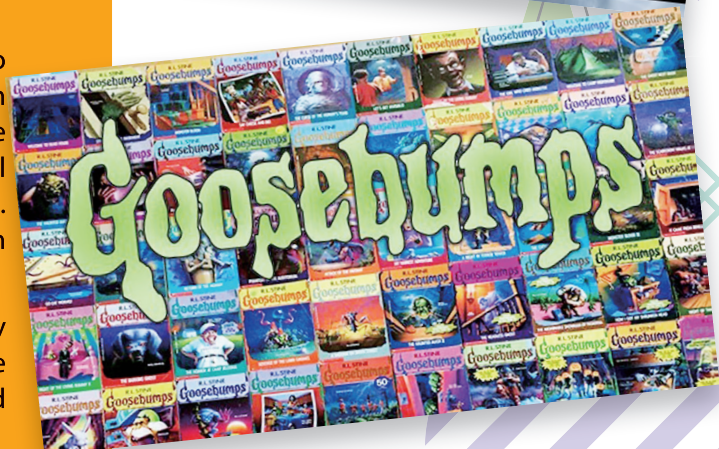
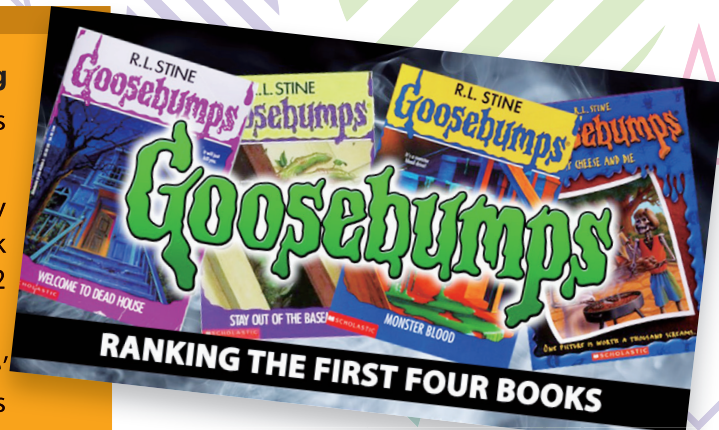
Are you a fan of ghost stories? If you say 'yes', then you should not miss reading *Goosebumps*!

*Goosebumps* is a series of children's horror fiction books written by creator and author R.L. Stine. It is the world's second best-selling book series of all time, having sold 400 million books worldwide in over 32 languages!

You may start the series by reading 'Welcome to Dead House' published in 1992; it is the first book in the original *Goosebumps* series.

The story starts at an old house in the dead of the night with two main characters Amanda and Josh. *Amanda and Josh* move with their parents into a creepy old house. They think the old house they have just moved into is weird and spooky. However, their parents don't believe them. They tell Amanda and Josh to go out and make some new friends. So Amanda and Josh do just that. But these creepy '**new friends**' are not exactly what their parents had in mind. They even want to be friends...forever!

Get a *Goosebump* book from the school library today! These are fantastic books with spooky stories that are also funny! Each of them has different child characters and settings. The children face scary situations in the stories. Most importantly, the books usually have twisted endings, so you will be surprised!



## 上半年 獎項

除學業成績外，本校一直重視同學的多元化發展，致力培養學生的創意思維及環保意識。在剛過去的上學期，本校同學在資訊科技、體育、棋藝及環保方面均有出色表現，在不少公開比賽中獲獎，展現多方面的能力。以下列舉部分學生的成就：

第十五屆香港綠色學校獎	全校	第十五屆香港綠色學校獎銅獎 「咪嚟野校園減廢大獎」的 「傑出減廢大獎」中學組冠軍 「咪嚟野校園減廢大獎」的 「校園減廢進步大獎」中學組季軍
「環保新一代——綠色學校嘉許大行動」 全港中學生中國象棋個人賽	全校 6D葉志倫	綠色學校獎 ① 季軍 ②
第12屆粵港澳台兩岸四地毬球錦標賽	5D黃韻清	「台式毬球」——第四名 「國際毬球」——第二名
元朗區校際游泳賽	6A詹廣祺 1A黃樂兒 3A王嘉雪 5C龔韋寧	男子甲組 50米自由泳亞軍 及 50米蛙泳——季軍 女子甲組 100米蛙泳季軍 及 200米蛙泳——季軍 女子甲組 50米蛙泳冠軍 及 100米蛙泳——亞軍 女子甲組 100米自由泳——季軍
	1A黃樂兒 3A王嘉雪 5C龔韋寧 2A劉芷麟 3C黎寶恩 5D張焯盈 5A黎栢軒 5A朱樂灝 5B謝文耀 6A詹廣祺	女子甲組 團體——優異獎 男子甲組 團體——優異獎
2017年「吳飛杯」第二屆亞洲青少年毬球賽	5D黃韻清	甲組女子雙人賽——第四名 甲組女子 (B組) 三人賽——第二名
JPC足球暑期全接觸	2A鄧梓朗 2B梁子傑 2C駱子風	冠軍 ③
伯特利中學陸運會友校接力邀請賽	4C李子歷 2B王晉杰 5C陳頌明 5B林君豪 3B梁希彤 5C方雙仟 4A岑凱瑤 3B葉倩怡	男子組亞軍 ④ 女子組季軍 ⑤
元朗區青年節統籌委員會 巨型環保機械獸大賽	3B許偉珩 3C葉凱蓉 4D湯凱竣	青年組——優異獎
創意無限FUN產品設計比賽	3A黃峻仁 3C謝心恒	優異獎





**Name: Chan Yin Nok (15) Class: 1C**

During the night of the Mid-Autumn Festival, my family enjoyed the fun and appreciated the full moon at Yuen Long park with our glow sticks. Our glow sticks shone brightly, and so did the citizens who came out to celebrate. Their own glow sticks and lanterns illuminated the entire streets.

At Yuen Long park, many people along with their friends and family played together happily. It was just like a bustling market, but at night. We journeyed through the park and up to the pagoda. Every nook and corner of the pagoda was full of conversations and crowds. It was a happy full moon night!

However, I want to offer some advice of safety. Do not release sky lanterns. They may cause fires and plane accidents. Anyway, I enjoyed my Mid-Autumn Festival with my family.

### My shopping habit

**Name: Yeung Wing Tung (14) Class: 2C**

I like shopping very much because I think shopping is very interesting. There are many shopping centres in Hong Kong. I often go shopping with my best friend, Mandy. We usually go shopping in Yuen Long in the evenings. We both like buying clothes, shoes and hats, but I also enjoy window shopping.

The Internet changed our living styles and shopping habits. Online shopping has made our daily life more convenient and comfortable. I am a big fan of online shopping. I can save a lot of time through online shopping. I can buy my favourite clothes and shoes by just clicking a few buttons. One more advantage is that things on the Internet are usually cheaper than those in shops. Online shopping makes my shopping experience easier. That's why I love online shopping so much.

### Festival Walk

**Name: Zhong Man Lam (15) Class: 2C**

Do you like shopping? Come and check out Festival Walk – the most joyful shopping centre in Kowloon Tong.

#### Shop and enjoy

Festival Walk is a great place. There are many fashionable boutiques on the third floor. Not into fashion? You can also find the latest electronic gadgets and products at Broadway Electronics or Fortress on the MTR level. Done with shopping? You can watch a movie at Festival Grand Cinema on the upper ground floor. You will find a lot of happiness there.

#### Drink and dine

Enjoy good food? There is a huge food court on the second floor. The food court offers many different types of cuisines, including Japanese, Vietnamese, Korean and Italian. If you don't like fast food, there are many other options for you. You can find more decent restaurants and cafes on the first floor. You're sure to find something you like!

#### Facilities and services

If your mobile phone runs out of battery, we have mobile phone charging stations and free Wi-Fi on all floors. If you want to have fun with friends or family members, hit the ice rink. It is a fun place to go.

You can never have too much fun at Festival Walk. Come here and visit us!



### Drama is the best!

**Name: Jim Man Yan (5) Class: 6D**

Recently, the Education Bureau has considered dropping the Drama elective next school year. No doubt, the Drama elective may be a waste of time for some students but every coin has two sides. On the contrary, it can certainly be a useful way to arouse students' interest in learning English.

Obviously, the Drama elective provides an English-rich environment for some shy students. As a large number of students are really afraid of making mistakes when speaking English, drama helps them to get immersed in the atmosphere and make good use of different English expressions in daily conversations. Also, it is a golden chance to afford students some extra practical skills such as communication and acting. Due to the fossilized education system in Hong Kong, students are only trained to get the answers correct and memorize all the knowledge extracted from textbooks. That is why most students fail to really succeed in the language as they are not given chances to use it in authentic contexts

Drama involves dialogue delivery and script-writing which are fantastic ways for students to strengthen both their speaking and writing skills. Also, students can learn how to express themselves not just through words, but also through facial expressions and body language. By doing this, students are really learning how the language works in real life, and not just how the rules apply. It is definitely easier to learn when they are having fun. Even if they are shy, it's more fun to be involved in a group project putting on a performance than just writing essays.

Being provided with the Drama elective, every student can become an active learner. Nowadays, schools and the public always focus on economic value of education. That means entering the university and getting a well-paid job, where learning English solely serves the purpose of passing examinations. Fortunately, the Drama elective is truly an inspiration and motivation for students to learn English. Drama allows students to use their language skills and creativity to discuss with others. Thus, the Drama elective enlightens students to learn something unfamiliar spontaneously.

Meanwhile, the Drama elective is not only beneficial to academic results, but also their prospects. It is generally such a miserable period for senior secondary students to accept the curriculum and all supplementary lessons at school with not being able to complain. Honestly, this utterly ignores students' feelings as they are too fatigued and exhausted to handle so many tasks. If schools decide not to cancel the Drama elective, drama will surely bring fun into classrooms. Students can learn so much more while having fun, rather than sitting in a classroom doing past papers. Therefore, I strongly believe the Drama can create a better learning environment in schools.

Considering the alternatives available to students, up to now, do you still believe the rest of the electives can replace the Drama elective? To cultivate an effective English learner, the Drama elective does offer more fun and helps English lessons make more sense, so it should be a part of the English Language curriculum.

**Name: Chan Tsz Ching (1) Class: 3C**

Learning English is important because it is an international language. If we want to get a well-paid job in Hong Kong, we must speak and write English well. We need to improve our English since some of the news are only written in English. However, learning English is always boring, so if you want to make learning English fun, you need to learn English through games or movies.

First, let's talk about how to improve our reading skills. If you want to be good at a language, you must be able to read. But, how can we improve our reading skills? We can read some English stories and comics. They are easy and interesting to read. We won't get bored.

Besides, writing is also important. We need to watch some English movies, from which we can learn more vocabulary. Then, you can write down these words on your note books and remember them. If you study a word a day, you will know a lot of words. Everyone likes movies so it won't be very boring.

Thirdly, teenagers like games so we can play some English language games. Nowadays, some companies have designed many interesting language learning apps for smartphones, like English Ninja. Therefore, we can enjoy these games and learn English easily.

Finally, I think we can visit some English speaking countries such as England and the United States because we can chat with friends who speak fluent English. This can improve our English fluency.

These are the fun ways to improve English and learn it easily. If we don't know English, we can't get a promising job.

**Name: Zhao YuYing (13) Class: 6D**

Dear Editor,

I am writing to express my views on why students feel tired and whether it is necessary to start lessons at 9:00 a.m. or not.

To start with, I would like to give out reasons why students feel sleepy and lack energy during the lessons. Years of toiling over excessive homework, examinations and supplementary classes make students feel fatigued since they have no extra time to finish all in a day's time; not to mention that most of them still need to have tutorials or extra-curricular activities after school. How can they even afford time to relax? It seems to be a luxury. Most of them even have to stay up very late in order to study. They do not get the average eight hours of sleep. The lack of time to handle their tasks and relax may perhaps be the reason why students feel tired easily.

There is also another reason for students getting exhausted. As we all know, with the current exam-oriented education system, be it school or their parents puts students in a stressful place. Because of the school and parental expectations, teenagers have to put their efforts to boost their academic performance. Their mental health could then be affected and that will cause diseases such as depression or psychosis. Hence, stress causes students to feel tired.

As the situation is getting serious, we must find some ways to help the students. I would like to say that if schools or parents want their children to become energetic again, less homework or fewer activities must be taken into consideration. However, a 9:00 a.m. start cannot solve the problem or it may even make the problem worse. As I have mentioned before, the reasons why teenagers feel tired are because of the excessive homework, extra classes and activities and the pressure from their parents or school. Starting the lesson time at 9:00 a.m. could not help students to manage their excessive amount of homework or to give them sufficient time to relax. It is counterproductive if parents ask their children to join more classes owing to an one-hour delay for the start of school. To add more fuel to the fire, schools starting later would require students to leave later. It will then be harder to re-arrange the students' tutorials and extra-curricular activities. What's more, most of the teenagers may probably go to sleep later at night if they don't have to get up early. This would negate the value of the delay in school commencement time.

All in all, a 9:00 a.m. start cannot solve the problem of students' physical and mental exhaustion. I truly believe if parents and school could take the initiative to place less pressure on their children, students will become energetic and healthy again.

Yours faithfully,

Chris Wong

## 《道網》 徵稿

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